

## Community Workgroup Meeting #2—June 21, 2016

Attendees: Lisa Jonas, Mary Housley, Ceci Peterson, Alana Robinson, DiAnn Butler, Sally Ryman, Ken Fucik, Harry Cannon, Brene Belew-LaDue, Janie Dunckley, Dawn Matthews, Becca Boler, Sue Johnson, Deb Plemmons, Jen Fanning

Facilitator: Gini Bradley

- I. Introductions
- II. Review of meeting outcomes and norms
- III. Quick review of how we got here and what our destination is
  - Quick Overview (Gini): Purpose of this is to provide a roadmap of key issues the Grand County wants to work on to achieve the vision of a healthy Grand County.
  - Concerns from the community meetings earlier this year were put into 8 categories and vetted at the first workgroup meeting. The categories were discussed and the questions asked: Does the community want to focus on this? Is another agency working on this? (Attached “Planning Matrix”)
  - Today’s agenda is vetting Recreation and Support Services. There will be a back and forth conversation after this meeting to communicate back to leadership. The group hopes to get a draft proposal by August.
  - Grant Update (Jen): Grant for facilitating this process is funded through The Colorado Trust. They are funding this through a Healthy Equity lens. They want to focus on the people that need help the most.
  - Review of Vision Statement and Purpose (see Powerpoint)
  - Vision Statement DRAFT: The residents of Grand County have access to a variety of affordable, high quality programs, services and health environments that supports their overall health and well-being.
  - Purpose Statement DRAFT: The purpose of the planning process is to identify 2-4 major strategies that will significantly improve the coordination, delivery, and accessibility of health and support services in Grand County.

#### IV. Discussion and clarification of key planning conditions (see questions below)

What are the current challenges in Grand County that might limit the group’s ability to create an effective health plan?

- Politics: Local/State/National election time
- County versus towns
- Potentially new Board of County Commissioners
- Funding
- Resistance to Change
- Health Systems
- Tax districts
- Community Silos/Agency silos
- Changing populations
- Will of community (“Perception of Relevance”)
- Doubters who think change is “not-possible”

What general concepts about community health need to be clarified to make planning efforts easier?

- Universal vs. Targeted
- Are we planning for all residents in all towns?
- From health equity standpoint, focus on health of those that are least healthy
  - Equity versus equality
- Boost those who need access and help
- Family health/caregiver health

V. Discuss two areas that we did not have time to address at the at last meeting-Support Services and Recreation

Support Services (group discussion):

- Expanded Nurse Family Partnership is happening
- Assistance to stay in home
- Staying in county (aging in place)
- Integrated Health Services
- One stop shop for services
- Lots of models for rural communities
- Also behavioral health on site in PCP offices
- Respite
- Adult caregiver service or volunteers coming into the home
- Horizons is discussing adult/child drop in center
- Day Program-Horizons may need advocates for their Routt County oversight group to see need
- NSCD does provide some respite
- Create sustainable funding – Lens through which all decisions need to be made
- Some communities are working on affordable housing
- Challenge to all efforts are town silos, need to roll up to the county level at times for funding

Recreation (group discussion):

- Affordable recreation
- Team working on 1 day a month event for adults/children with disabilities
- Are the rec districts talking to each other?
- The group is uninformed on recreation
- Existing rec programs not available or accessible to everyone
- Could we interview rec districts or get them to come to a meeting?
- Opening up the schools for walking would help and be low cost
- What is going to promote health the most through recreation?
- Walking campaign?
- Shorefox is a new opportunity for free recreation

VI. Review of the 8 health vision categories from previous meeting

Planning is like a funnel, we are constantly narrowing down our focus.

a. Transportation

- Had mixed responses
- Economic Development is working on this- plan a needs assessment
- Need health-medical transport issues to be heard at assessment
- Scope of work is being defined
- This group can act as a voice and sounding board
- Routt/Moffat counties have volunteer driver program
- NWCCOG Transportation has Route Match program to utilize existing programs better
- Vets/GCCA have vehicles and could be used by others if schedules/routes were available?
- Caring Uber?
- Silos need to come down

- Big picture coordination is needed
- How does lack of transport affect overall health and wellness?
- First, how are we coordinating all of it?

b. Education

- Raising Community Health Literacy
- Knowledge of services
- Comprehensive health literacy program
- Improving Health Literacy can contribute to community will for other health-related items
- Could be a foundation for other initiatives
- Medicare population is growing
- How do you have the conversation about health?
- Empowering the patient
- Affordable Free Recreation/Services
- At the base, health literacy = wellness. Knowledge of the healthcare system, insurance, and patient empowerment are all included in health literacy.

c. Sustainability-A filter or lens for all decisions

d. Mental Health-has a 3 year plan that is in the middle of implementation

e. Environmental Health – monitor this

- Advocate for environmental health but there was no interest in this being a focus of the group
- Need a coordinated department, instead of multiple departments serving pieces, at the county-level
- Needs to stay on the list
- Need for coordination
- Serve as advocates/sounding board

f. Physical Health

- Affordable
- Prenatal to Death care in county
- Health care/Health care dollars need to stay in the county
- Spanish-speaking providers needed
- Pediatrics—missing for those with high health needs
- Quality Care already exists in the county – need to promote to community
- Orthopedics—makes money
- Promoting what services are here, increase use, enables us to bring in services
- Coordinated planning
- Informed users
- Subcommittee for physical health
- Health Care Professionals Society needs to be involved since this concerns them
- What can we NOT lose?

Need to keep the focus on “What are we at risk of losing?” We need to remember what brought us together in the first place – the temporary loss of home health and hospice.

VII. Key Focus Areas

a. Transportation

- i. Work with Economic Development Committee to do needs assessment
  - ii. Need health and medical issues to be heard at the assessment
  - iii. Scope of work
  - iv. This group to act as a voice and sounding board
  - v. Big picture coordination
- b. Health Literacy
  - i. How do you have the conversation about health?
  - ii. Affordable, or free services
  - iii. Empowerment and Insurance
- c. Physical Health (see above)
- d. Support Services (see above)

VIII. Lens or filters for all decisions:

- a. Sustainability
- b. Big picture coordination (reducing silos)
- c. Keeping healthcare dollars local
- d. What is going to promote health the most?

IX. Next Steps:

- a. Jen to meet with recreation representatives
- b. Take physical health to GCHPS
- c. Discuss results so far with organizational leaders
- d. Next work group meeting in mid- to late- July

**Grand County Health Planning Process  
Summary of Eight Visioning Categories**

The residents of Grand County have access to a variety of affordable, high quality programs, services and health environments that supports their overall health and well being

Category form Visioning	Summary of discussion	Move Forward as a Priority	Key Themes or concepts
Transportation	Mixed response on this issue. Another group already working on this.	??	Do we need more transportation to support health needs?
Education	A lot of interest in raising the community's level of health literacy. Need community classes on many health related topics. Education of medical staff also came up.	??	Do we need to build comprehensive health literacy program for residents? Classes, seminars, media, articles etc.
Sustainability	Very economy based. Talked a lot about affordable healthy food, housing, gardens. Also looked at using sustainability as a overarching theme for any effort	YES	Everything we develop needs to be seen through the lens of sustainability. Need to focus on affordable, health food
Mental Health	Much needed component but is being addressed through other planning efforts	NO	
Environmental Health	Others working on issue. Use public health and healthygrandcounty.org as resources	NO	
Physical Health	Complicated issue. Strong need to keep care in county from prenatal to death. Need to centralize services. Need integrated care. Issues with where are is located. Residents need to believe local care is quality.	YES	Focus on keeping healthcare and healthcare dollars in Grand County. Need education/media promoting local health care
Recreation	Not discussed yet		
Support Services	Not discussed yet		